# Community Resources Spotlight





Medicaid provides health insurance for some low-income people, children, pregnant women, the elderly and people with disabilities. In some states, Medicaid covers all low-income adults below a certain income level.

# **Cost and Eligibility**

We offer Star Plus Medicaid with added values to the community. No cost, must be Medicaid eligible.

# **Service Areas**

Tarrant (Denton, Hood, Johnson, Parker, Tarrant and Wise)

# Contact

**LaShanda Counts** 

Email: lashanda\_counts@uhc.com

Phone: 763-361-2460.





Asthma affects thousands of children in Texas – causing frequent sick days for them and missed work days for you.

Our nationally certified Asthma Management Program helps children ages 18 and younger with an asthma diagnosis better manage their condition to experience symptom-free sleep, learning and play.

Our 3 – 6 month program focuses on asthma education and care coordination for your child and all the important caretakers in their life.

# **Service Areas**

The program serves 7 counties including Collin, Dallas, Denton, Ellis, Kaufman, Rockwall, and Tarrant.

# **Cost and Eligibility**

- No cost
- Diagnosis of asthma
- Ages 18 yrs and under (if under 2 yrs of age, must be followed by a specialist)
- Geographical Location: 7 counties including Collin, Dallas, Denton, Ellis, Kaufman, Rockwall, and Tarrant
- Participant is a member of a payor source (commercial, private, or government funded) and has a Health Care Provider (HCP)

# **Contact**

### **Pamela Rogers**

**Email**: asthma.mgmt@childrens.com

**Phone**: 214-456-LUNG (5864)





Center for Community Health

# **Services Provided**

We have several educational materials (print and digital) to help families manage asthma triggers in the home environment. This includes a brochure about asthma, a one-pager and booklet about environmental trigger remediation, and a series of videos about asthma management.

Materials are available in English and Spanish, and other languages by request. All videos and materials are available on our website. Printed versions can be requested via our email.

# Contact

Email: HealthyHomes@CookChildrens.org

# **Service Areas**

Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant, and Wise Counties

# **Cost and Eligibility**

No cost. Open to anyone who can benefit from the educational materials





The mission of the Chronic Disease Prevention Division (CDPD) is to promote and support Dallas County Health and Human Services overall mission of optimizing and protecting the health of the citizens of Dallas County.

To this effect, the CDPD thrives to prevent chronic diseases and reduce health inequities by addressing environments, systems, and behaviors that are associated with chronic diseases and precursors.

The CDPD offers free programs and services related to Diabetes Prevention and Management, Obesity & Hypertension Prevention and Management, Tobacco Use, Control, and Prevention, and Asthma Control.

# **Cost and Eligibility**

Services are free. Must be a resident of Dallas County. Call for individual program eligibility criteria.

### **Contact**

**Chronic Disease Prevention Division** 

**Email:** chronic.disease@dallascounty.org

**Phone:** 214-819-5115

# **Service Areas**

Dallas County





Many of our services take place at community health fairs, school events, and seminars. For example, we give out resources and answer questions at fairs. We give instructional talks about asthma at the elementary and secondary school levels. "Asthma in the Daycare Setting," is our seminar for daycare personnel and parents.

### We offer:

- Screenings (Pulmonary Function Testing and Asthma Control Testing)
- Education
- Case Management
- Asthma Supplies
- Asthma Medication Assistance (peak flow meters and spacers)

# **Cost and Eligibility**

Services are free. No eligibility requirements.

# **Service Areas**

**Dallas County** 

# **Contact**

**Shammara Norris** 

**Phone**:469-245-7994





Asthma 411 is a comprehensive, evidence-based program in Tarrant County provided by a large group of healthcare partners. Asthma 411 provides resources for school nurses to help children who have trouble breathing. As part of the program, a school nurse can give a breathing treatment to a child who is struggling to breathe while at school.

Asthma 411 also provides learning tools for schools and families. These learning tools help children and families understand asthma better. When families understand asthma better, they can help their child feel more in control of breathing and improve asthma symptoms.

# **Cost and Eligibility**

Services are free. No eligibility requirements.

# **Service Areas**

Tarrant County and accross the state of Texas

# **Contact**

Juana Escobedo Bermudez

**Email:** juana.escobedobermud@unthsc.edu

**Phone**:(817) 735-7637





Parkland provides comprehensive care to its patient population including adult, pediatric, geriatric, and female health services. Our mission is to serve the indigent population of Dallas County. Our Community Oriented Primary Care (COPC) clinics serve as our outlets for the at large population of Dallas County to receive primary care services.

# **Cost and Eligibility**

We are able to provide services to those without insurance.

# **Service Areas**

**Dallas County** 

### Contact

Call: 214-266-4000 to make an appointment.

Request an appointment online: Parkland MyChart, the online patient portal. Go to MyChart.pmh.org

Email: Parkland Community Health Worker at CHW@phhs.org for help getting asthma care.





Our Lung HelpLine Navigators empowers people to understand and seek treatment for their lung health issues and make lifestyle changes to effectively manage a full range of serious lung diseases and/or prevent diseases from occurring. It is important that individuals and their caregivers can find trusted, accessible, evidenced-based, and accurate information and programs to help manage their lung health and lead a full life.

Education can improve self-management, provide skills for coping with anxiety and other mental health challenges, and improve overall health status, especially as measured by quality of life and increased ability to participate in everyday activities.

# **Service Areas**

Nationwide

### **Contact**

**Call**: 866-252-2959

Email: HelpLineInfo@Lung.org

# **Cost and Eligibility**

No cost. Please consider joining as a referral agency or sharing with your network!

